

Join an information call about the new medical plan added for 2020

part of the DoD NAF Health Benefit Plan



You and your family are invited! You're welcome to join more than one call.

Choose dates and times convenient for you. The call schedule below and a presentation will be posted soon on www.NAFHealthPlans.com.

| CONUS information calls | | | |
|---|------------|-------------|---|
| Presentation on www.nafhealthplans.com | | | |
| Dial (844) 712-3250 , and when prompted, enter this Participant Code: 94500945 | | | |
| | Day | Date | Time (shown in Eastern Time) |
| 1 | Mon | 5/13/2019 | 2 PM-3 PM |
| 2 | Wed | 5/15/2019 | 11 AM-12 PM |
| 3 | Wed | 5/15/2019 | 6 PM-7 PM |
| 4 | Mon | 5/20/2019 | 10 AM-11 AM |
| 5 | Mon | 5/20/2019 | 3 PM-4 PM |
| 6 | Tue | 5/21/2019 | 1 PM-2 PM |
| 7 | Tue | 5/21/2019 | 6 PM-7 PM |
| 8 | Wed | 5/29/2019 | 10 AM-11 AM |
| 9 | Wed | 5/29/2019 | 1 PM-2 PM |
| 10 | Tue | 6/4/2019 | 11 AM-12 PM |
| 11 | Tue | 6/11/2019 | 10 AM-11 AM |
| 12 | Thur | 6/13/2019 | 10 AM-11 AM |
| 13 | Mon | 7/8/2019 | 10 AM-11 AM |
| 14 | Tue | 7/9/2019 | 2 PM-3 PM |
| 15 | Tue | 7/9/2019 | 9 PM-10 PM |
| 16 | Wed | 7/24/2019 | 1 PM-2 PM |
| 17 | Thur | 7/25/2019 | 10 AM-11 AM |
| 18 | Mon | 7/29/2019 | 10 AM-11 AM |
| 19 | Tue | 7/30/2019 | 1 PM-2 PM |
| 20 | Tue | 7/30/2019 | 7 PM-8 PM |
| 21 | Thur | 8/1/2019 | 3 PM-4 PM |

Continued ...

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| | Day | Date | Time (shown in Eastern Time) |
|----|------|-----------|---------------------------------|
| 22 | Wed | 8/14/2019 | 2 PM-3 PM |
| 23 | Thur | 8/15/2019 | 11 AM-12 PM |
| 24 | Mon | 8/19/2019 | 10 AM-11 AM |
| 25 | Tue | 8/20/2019 | 3 PM-4 PM |
| 26 | Tue | 8/20/2019 | 7 PM-8 PM |
| 27 | Mon | 9/9/2019 | 3 PM-4 PM |
| 28 | Tue | 9/10/2019 | 10 AM-11 AM |
| 29 | Wed | 9/11/2019 | 11 AM-12 PM |
| 30 | Thur | 9/19/2019 | 11 AM-12 PM |
| 31 | Wed | 9/25/2019 | 10 AM-11 AM |
| 32 | Thur | 9/26/2019 | 3 PM-4 PM |
| 33 | Tue | 10/1/2019 | 10 AM-11 AM |
| 34 | Mon | 10/7/2019 | 10 AM-11 AM |

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OR Alternate method: call the number for your country as per this website
www.cisco.com/c/en/us/about/conferencing-global-access-numbers.html,
and when prompted, enter this Meeting ID / Participant code: **94500945**

| | Day | Date | Time (shown in Eastern Time) |
|----|------|-----------|---------------------------------|
| 1 | Wed | 5/15/2019 | 9-10 PM |
| 2 | Thur | 5/16/2019 | 8-9 AM |
| 3 | Mon | 5/20/2019 | 9-10 PM |
| 4 | Wed | 5/29/2019 | 9-10 PM |
| 5 | Thur | 5/30/2019 | 8-9 AM |
| 6 | Mon | 6/3/2019 | 9-10 PM |
| 7 | Wed | 7/10/2019 | 8-9 AM |
| 8 | Wed | 7/10/2019 | 9-10 PM |
| 9 | Tue | 7/30/2019 | 8-9 AM |
| 10 | Tue | 7/30/2019 | 9-10 PM |
| 11 | Thu | 8/15/2019 | 9-10 PM |
| 12 | Tue | 8/20/2019 | 8-9 AM |
| 13 | Tue | 8/20/2019 | 9-10 PM |
| 14 | Tue | 9/10/2019 | 9-10 PM |
| 15 | Thu | 9/26/2019 | 8-9 AM |
| 16 | Thu | 9/26/2019 | 9-10 PM |